



**ATLANTIC**  
NURSERY • GARDEN SHOP • LANDSCAPING  
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# Indoor Seed Growing Kit Instructions



- Add warm water to the tray to expand the peat pellets (about 5 cups)
- Use a pencil and poke a small hole in the top of the pellet and insert 2-3 seeds in each hole.
- Place the plastic dome on the top of the tray and keep in a bright, warm place but away from direct sun.
- When the seeds begin to sprout remove the dome.
- One sprout will be the strongest in each pellet. Remove the two weaker sprouts from the pellet and allow the strongest one to remain growing. This is called thinning.
- Check the pellets for water each day. Add water when the pellets turn light brown –but not too much.
- When the second set of leaves appear, bring plants outside in a shady spot during the day for 3-4 days –but bring them in at night to acclimate them to outdoor temperatures.
- Plant them in the garden according to the planting guide enclosed.

*When it has to be "Just Right",  it has to be from Atlantic!*